



# St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island  
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,  
following Christ and changing lives in the heart of Hong Kong.'*

## THE THIRD SUNDAY OF LENT 3RD MARCH 2024

### **8.00am Said Eucharist**

Celebrant and Preacher: The Revd Robert Martin  
Reader: Zenaida Carias

### **9.00am Sung Eucharist**

(<https://www.youtube.com/live/eQfGLsQnOzA?si=q1yC-3ncs77mtQNv>)

Celebrant and Preacher: The Dean  
Deacon: The Revd Polly Wong  
Communion Setting: The Book of Common Prayer Noted  
(John Merbecke)  
Hymns: Lent Prose (verse 3), 428, 465i, 440, 553  
Anthem: Verily, verily I say unto you (Thomas Tallis)  
Readers: Susan King, Will Clay  
Intercessor: Frank Lang

### **10.30am Sung Eucharist (Mandarin)**

Celebrant and Preacher: The Revd Amos Poon

### **11.45am Responsorial Eucharist—Provincial (Rite II)**

Celebrant and Preacher: The Dean  
Reader: John Breen  
Intercessor: Saki Tsoi

### **1.30pm Sung Eucharist (Filipino)**

Celebrant and Preacher: The Revd Canon Dwight dela Torre

### **5.00pm Choral Evensong**

Officiant and Preacher: The Revd Mark Rogers  
Reader: Letty Awingan

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## THIS WEEK AT ST JOHN'S CATHEDRAL

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<b>MON 4th March 2024</b>	8.00am	Said Eucharist
	12.25pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
	7.30pm	<i>Education for Ministry (EfM) English group</i>
<b>TUE 5th</b>	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	7.00pm	<i>Bible Reading Fellowship (in person)</i>
	7.30pm	<i>Education for Ministry (EfM) Cantonese group</i>
<b>WED 6th</b>	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	<i>Lunchtime Recital—Madam Lola Young's Bel Canto Singers '40 Days of Hope and Harmony'</i>
	6.00pm	Said Eucharist
<b>THU 7th</b>	8.30am	Said Eucharist
	12.30pm	'Grace in a busy week' <i>(in person/ZOOM)</i>
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	<i>Parents and Toddlers</i>
	8.30pm	<i>Prayers for Peace (ZOOM)</i>
<b>FRI 8th</b>	8.00am	Said Eucharist
	<b>STATIONS OF THE CROSS</b>	
	<b>12.15pm on Fridays in Lent</b>	
	3.00pm	<i>Friday Fellowship Group (in person/ZOOM)</i>
8.00pm	<i>'Among Us' (Youth Ministry)</i>	
<b>SAT 9th</b>	8.30am	Said Eucharist
	12.00noon	Said Eucharist <i>(Filipino)</i>
	4.00pm	<i>Andrew Fellowship</i>
	6.00pm	Sung Eucharist <i>(Cantonese)</i> (Anticipated Sunday Service)
<b>SUN 10th March</b> <i>1 Samuel 1.20-end</i> <i>Psalms 127.1-4</i> <i>2 Corinthians 1.3-7</i> <i>John 19.25b-27</i>	<b>The Fourth Sunday of Lent (Mothering Sunday)</b>	
	8.00am	Said Eucharist
	9.00am	Celebrant and Preacher: The Revd Amos Poon Responsorial Eucharist (Common Worship) Celebrant: The Revd Canon Dwight dela Torre Preacher: The Revd Amos Poon
	10.30am	Sung Eucharist (Mandarin) Celebrant and Preacher: The Dean
	11.45am	Choral Mattins Officiant: The Revd Amos Poon Preacher: The Dean
	1.30pm	Sung Eucharist (Filipino) Celebrant and Preacher: The Revd Sharon Langbis
	5.00pm	Healing Eucharist Celebrant: The Revd Robert Martin Preacher: The Revd Amos Poon



*Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorized photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.***

## COLLECT AND READINGS

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### COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### FIRST READING

**Exodus 20.1-17**

A reading from the book of Exodus.

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

This is the word of the Lord.

**All Thanks be to God.**

### SECOND READING

**1 Corinthians 1.18-25**

A reading from the first letter of Paul to the Corinthians.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

This is the word of the Lord.

**All Thanks be to God.**

**GOSPEL READING**

**John 2.13-22**

Hear the Gospel of our Lord Jesus Christ according to John.

**All Glory to you, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

**POST COMMUNION PRAYER**

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen.**



**FOR YOUR PRAYERS THIS WEEK**

**In the worldwide Anglican Communion** we pray for The Church of the Province of Uganda.

**Hong Kong Sheng Kung Hui**

(Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

**We also pray for the Crown of Thorns' Church** and her gospel outreach and pastoral care ministry; may God guide and lead your servants and all participants; for the devotion of all church members to love God and their neighbours, to be eager for the Words of God, to know the Church, to expand the Kingdom of God, and to witness the Lord faithfully; for those who are weak and sick; may God heal and comfort them in times of suffering; for the parish's schools; may God bless the principals and the teachers, protect and keep them in body and spirit, grant them wisdom during the times of challenges; for the Pastoral Centre and the community services of the parish; may your servants be full of Christ's love and compassion, may the people be full of enthusiasm to serve the community and give glory to God.

**Within the Cathedral Parish** we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers 'Grace in a busy week', Bible Reading Fellowship, Chinese Bible Reading Prayer Fellowship, Andrew Fellowship, Friday Fellowship Group, Filipino Fellowship, and the IFI Fellowship.

**We pray for our link diocese of Toungoo in Myanmar.** In recent days one church has been burnt down by the military, and in another parish Christian villagers have been attacked and brutally killed. The diocese is now providing basic food and shelter to over 3000 refugees.

**PRAYER REQUESTS**

*Please pray for those who are sick:*

Julius Yam, Hung Yeung Pong Wah, Eva Sorrel, Fr Hugh Phillipson, Sarah Wong, Claire Gotten, Irena Wu, Muriel Tsang, Gareth Butler, Jane Pang Tong, SoSo Mei Ping Wong-Leung, Wong Dor Chun, Annabella Janssen, Sister Jean Mary, Therese Marie Gerarda Chan, Toung Ming, Arturo Lamshing, Sanson Lau, Chuan Xiaokang, Daisy Tai, Yvonne Fong and Hsu Hon Chung.

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, **Tel: 2523 4157**.

*REMARKS: Unless Elisa is contacted (deanssec@stjohnscathedral.org.hk) with advice to the contrary, names will be removed from the Prayer Request list after one month.*



**PRAYERS FOR PEACE**

As conflicts rage in the Holy Land, Gaza and Ukraine, our world needs peace more than ever. Join members of the congregation to pray for peace on Zoom, every Thursday evening 8.30-9.00pm. Prayers provided, just join in. Please WhatsApp Fr Mark on 5180 5106 for the Zoom link.

**ONLINE DONATION**



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>



**LENT 2024**

**LENT COURSES**

This year 2024, the Province of HKSKH encourages all parishes and missionary churches to study together in Lent with the book 'SAY IT TO GOD in search of prayer' which is written by Luigi Gioia. Come and join one of the courses at St John's, St Stephen's Chapel or Discovery Bay Church. Let us journey spiritually together in this Lent. (Course material is available at the Cathedral Bookstore.)

**LENT COURSES AT ST JOHN'S**  
*(No registration required.)*

**Tuesdays**

27/2, 5/3, 12/3, 19/3, 26/3  
7.00pm (English) Conference Room

**Thursdays**

29/2, 7/3, 14/3, 21/3, 28/3  
12.30pm (English) Upper Room

**Fridays**

23/2, 1/3, 8/3, 15/3, 22/3  
3.00pm (English) Harold Smyth Room

**Saturdays**

24/2, 2/3, 9/3, 16/3, 23/3  
1.30pm (Tagalog) Conference Room  
4.00pm (Cantonese) Harold Smyth Room

**Sundays**

25/2, 3/3, 10/3, 17/3, 24/3  
3.00pm (English and Tagalog)  
Harold Smyth Room

**LENT COURSE AT DB CHURCH**

**Thursdays**

22/2, 29/2, 7/3, 14/3, 21/3  
8.00pm (English) Discovery Bay Church

**LENT COURSE AT ST STEPHEN'S CHAPEL, STANLEY**

**Tuesdays**

27/2, 5/3, 12/3, 19/3, 26/3  
8.30pm (English) St Stephen's Chapel

## NOTICES

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### **PALM SUNDAY VESPERS WITH BACH'S ST JOHN PASSION TICKET ALLOCATION**

To mark the 300<sup>th</sup> anniversary of Bach's St John Passion, the work will be featured at this year's Palm Sunday Vespers, which will be held on the 24<sup>th</sup> March 2024 at 7.30pm, Fr Amos Poon will be the officiant and preacher. The Passion will be sung by St John's Cathedral Choir, together with local choir Die Konzertisten, renowned soloists, and baroque orchestra. Please apply for tickets online if you wish to attend the Vespers.

The application will begin at 10.00am on Monday 4<sup>th</sup> March 2024 and will close when all available tickets are exhausted. Please refer to the application form (link and QR Code can be found at the bottom of this notice) description for further details.

The Cathedral Office will contact successful applicants to collect tickets from the Cathedral Office between the 5<sup>th</sup> and 18<sup>th</sup> March during office hours. Any uncollected tickets after Monday 18<sup>th</sup> March 2024 will be reallocated to other applicants.

Please note that:

1. Ticket holders will be admitted from 6.45pm through the North and South Transept Doors;
2. All ticket holders are requested to be seated by 7.15pm;
3. Any unoccupied seats will be released to non-ticket holders under the supervision of the sidesmen at 7.15pm.

We cannot guarantee the success of all applications.  
All rights and decisions are reserved to St John's Cathedral.

The link for the Google application form:  
<https://forms.gle/zsZmqLk5zid1Ue9i6>



### **CHRISTIANS IN CENTRAL on Tuesday 19<sup>th</sup> March at 1.00pm in the Li Hall**

Fr Amos will speak to us on J S Bach's Oratorio, St John Passion. He will enhance our appreciation of this masterpiece and enlighten us with its musical and liturgical significance.

Sandwiches and refreshments will be served from 12.45pm.

Tickets at \$60 are available at the Cathedral Bookstore.  
Reservation can also be made through the Cathedral office on 2523 4157 or email Scarlett at [reception@stjohnscathedral.org.hk](mailto:reception@stjohnscathedral.org.hk)

## NOTICES

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### **REFRESHMENTS in the Li Hall after 9.00am service**

Please join us for light refreshments; a good opportunity to renew acquaintances, welcome visitors and new friends while enjoying fellowship with other parishioners.

### **CONGRATULATIONS**

Today, the Mission for Migrant Workers celebrates its 43rd founding anniversary, with the theme, 'Empowering Journeys; Bridging Communities; Serving migrants for 43 Years and beyond.' True to its mandate, the MFMW has consistently extended assistance to thousands of migrant workers, mostly foreign domestic workers in all sorts of problems. May God bless its on-going work.

### **SPRING CLEANING AT THE CATHEDRAL**

A group of volunteers will do the Spring Cleaning at the Cathedral interior on 26<sup>th</sup> March (Tuesday), starting at 9.30am until completion, it will take approximately 2.5 hours. Should anyone who have interest to help, please call Thomas Li at the Cathedral office at Tel.: 25234157.

### **ST JOHN'S CATHEDRAL PILGRIMAGE 2024 A PILGRIMAGE TO THE SEVEN CHURCHES OF REVELATION**

A fabulous journey to explore the Classical Treasures and Apocalyptic Churches of Turkey's Aegean Region. Led by the Revd Will Newman & the Revd James Buxton, chaplain in Izmir.

23<sup>rd</sup> September (Mon) – 1<sup>st</sup> October (Tue)  
\$8800 + airfare (Single supplement \$3200)  
Registration Deadline: 4<sup>th</sup> March

Please email the Revd Will Newman at [newman@stjohnscathedral.org.hk](mailto:newman@stjohnscathedral.org.hk) for further details.



### **HKSKH Ming Hua Theological College Sacred Music Department**

#### **ABRSM GRADE 8 THEORY**

Date: 11/4/2024 to 10/10/2024 [21 lessons]  
(Every Thursday, except 23-30/5, 25/7-15/8)

Time: 7.30pm - 9.30pm

Venue: HKSKH Ming Hua Theological College

Instructor: Mr Lau Yik Long  
(MPhil (Music Theory), MMus (Composition) (CUHK))

Application: <https://forms.gle/p3r76HpVgacJ5G2E9> Deadline: 30/3/2024

The course fee will be \$4000, materials are not included.

The course will be taught in Cantonese. If you have any enquiries, please feel free to contact King Chan through 2536 7517 or [king@minghua.edu.hk](mailto:king@minghua.edu.hk)

# ST JOHN'S CATHEDRAL MINISTRY TEAM

## Dean

The Very Revd Kwok-keung Chan

## Clergy Ministry Co-ordinators:

Chinese Ministry –

The Revd Canon Peter Koon

The Revd Amos Poon

Christian Education – The Revd Will Newman  
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Filipino Ministry –

The Revd Canon Dwight dela Torre

The Revd Sharon Langbis

Liturgy and Spirituality – The Revd Robert Martin  
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Mission and Ministry – The Revd Amos Poon

Outreach – The Revd Mark Rogers  
(*Priest-In-Charge of Discovery Bay Church*)

Youth Ministry – The Revd Amos Poon

## Honorary Chaplains:

The Revd Professor Philip Wickeri

The Revd Polly Wong Heung-fong

## Executive Administrator:

Mr Thomas Li

## Serving the wider community:

SJC Counselling Service

Mission for Migrant Workers

SJC Life Enrichment Centre

Cathedral Bookstore

CLARES/Castaways

Prison Ministry



*Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: [www.stjohnscathedral.org.hk](http://www.stjohnscathedral.org.hk).*

*Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4–8 Garden Road, Central Tel: 2523 4157*

## Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Name of spouse (if applicable) \_\_\_\_\_

Names and ages of children (if applicable) \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

*Please circle as appropriate:*

*I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.*

*I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.*

*Other questions / information:* \_\_\_\_\_

I do not agree to receive any promotional materials from St John's Cathedral.

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