



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

26TH AUGUST 2018

THE THIRTEENTH SUNDAY AFTER TRINITY

8.00am Said Eucharist

Celebrant and Preacher: The Revd Catherine Graham
Reader: James Choo

9.00am Sung Eucharist (RTHK Broadcast) (See separate order of service) (Guest Choir: Die Konzertisten)

Celebrant: The Revd Desmond Cox
Preacher: The Revd Catherine Graham
Deacon: The Revd Dwight dela Torre
Communion Setting: Communion Service (Victor Chan)
Hymns: **200, 434, HKSKH 20th Anniversary Theme Hymn (Page 4), 449**
Anthem: Alleluia Jubilate (James Whitbourn)
Reader/Intercessor: Mary Szeto/Kevin She

10.30am Sung Eucharist (in Mandarin)

Celebrant: The Revd Wu Wai Ho
Preacher: The Revd Canon Peter Koon

11.45am Responsorial Eucharist-CW (See insert)

Celebrant: The Revd Desmond Cox
Preacher: The Revd Catherine Graham
Hymns: **475, Alleluia, alleluia, give thanks to the risen Lord, HKSKH 20th Anniversary Theme Hymn (Page 4), 205**
Reader/Intercessor: Letty Awingan/Kevin She

2.00pm Sung Eucharist (in Filipino)

Celebrant and Preacher: The Revd Dwight dela Torre

6.00pm Evening Prayer in Taizé style

Officiant: The Revd Catherine Graham
Preacher: The Revd Robert Martin
Reader: Mark Tse

Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. Gluten-free communion wafers are available on request at all Eucharists in this Cathedral. Please enquire of the Sidesmen or Servers for directions to the distribution. **No unauthorized photography, video filming or sound recording during the service.**

THIS WEEK AT ST JOHN'S CATHEDRAL

SUN 26th August	12.00noon	<i>Chinese Congregation Fellowship</i>
MON 27th	8.00am	Said Eucharist
	12.30pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
TUE 28th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	7.00pm	<i>Bible Reading Fellowship (NO meetings in August)</i>
WED 29th	8.00am	Said Eucharist (English)
	9.30am	<i>CLARES</i>
	12.00noon	Said Eucharist (Cantonese)
	1.15pm	<i>NO Lunchtime Recital</i>
	2.30pm	<i>Bible Reading Prayer Fellowship (Chinese)</i>
	6.00pm	Said Eucharist
THU 30th	8.30am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	<i>Parents and Toddlers meeting</i>
FRI 31st	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	3.00pm	<i>Friday Fellowship Group (NO meetings in August)</i>
SAT 1st September	8.30am	Said Eucharist
	12.00pm	Said Eucharist (Filipino)
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)
SUN 2nd September	The Fourteenth Sunday after Trinity	
<i>Deut 4.1-2, 6-9</i>	8.00am	Said Eucharist
<i>Psalms 15</i>		Celebrant and Preacher: The Revd Robert Martin
<i>James 1.17-end</i>	9.00am	Sung Eucharist
<i>Mark 7.1-8, 14-15,</i>		Celebrant: The Very Revd Matthias Der
<i>21-23</i>		Preacher: The Revd Robert Martin
	10.30am	Sung Eucharist
		Celebrant: The Revd Canon Peter Koon
		Preacher: The Revd Wu Wai Ho
	11.45am	Responsorial Eucharist—CW
		Celebrant: The Very Revd Matthias Der
		Preacher: The Revd Robert Martin
	2.00pm	Sung Eucharist (Filipino)
		Celebrant and Preacher: The Revd Dwight dela Torre
	6.00pm	Choral Evensong
		Officiant: The Revd Wu Wai Ho
		Preacher: The Revd Desmond Cox



THEFT PREVENTION

As with any big city centre, please keep your valuables with you. If you feel unsafe at any time, please let a staff member or sidesman know.

COLLECT

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Ephesians 6.10-20

A reading from the letter of Paul to the Ephesians.

Be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in

chains. Pray that I may declare it boldly, as I must speak.

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

John 6.56-69

Hear the Gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

Jesus said to the crowd:

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom

can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.
All Praise to you, O Christ.

HYMN (9.00am and 11.45am)
HKSKH 20th Anniversary
Theme Hymn

1. **H**ear us Lord this day, as we
Offer here ourselves to Thee.
 Not to us O lord our King,
 God to Thee all Glory be.
 (*Refrain*)
How shall we this gift enshrine?
Sheng Kung Hui thy Church divine.
2. **K**eel sublime, the Church's bow,
Over waves of doubt defy.
 Never failing anchor be-
Gotten from our Captain high!
 (*Refrain*)
3. **S**ending down His only Son,
HE our Lord, a Man become.
 Now and ever Death surpass'd,
God, ever holy, Three in One.
 (*Refrain*)
4. **K**nown to all Men far and wide
Universal Church, who vow'd
 Not to shun but to embrace
God's own lost, redeemed crowd!
 (*Refrain*)
5. **H**uman we, all gather'd here,
Under one *ekklesia*.
In our hearts, one song, one voice:
 Amen! Lord, Alleluia!
 (*Refrain*)

Tune: EKKLESIA Peter Yue
Words: Jonathan Yip

POST COMMUNION PRAYER

God our creator, you feed your children with the true manna, the living bread from heaven: let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord. **Amen.**

'WE ARE THE BODY OF CHRIST'

As the Body of Christ, is it any surprise that we too should be taken, blessed, broken, and given to the world?

Taken:

'The greatest spiritual battle begins- and never ends- with the reclaiming of our chosenness. Long before any human being saw us, we are seen by God's loving eyes. Long before anyone heard us cry or laugh, we are heard by our God who is all ears for us.'

Blessed:

'The blessings that we give to each other are expressions of the blessing that rests on us from all eternity. It is the deepest affirmation of our true self. It is not enough to be chosen. We also need an ongoing blessing.'

Broken:

'Our brokenness is as unique as our chosenness and our blessedness. The way we are broken is as much an expression of our individuality as the way we are taken and blessed.'

Given:

'True joy, happiness, and inner peace come from the giving of ourselves to others. A happy life is a life for others.'

Having been made in the image of the Beloved Son of God, is it any surprise that like Him, we should become bread for the world?

***Fr Henri Nouwen –
 'Life of the Beloved'***

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Anglican Church of Southern Africa and The Most Revd Thabo Makgoba, Archbishop of Capetown and Primate of Southern Africa.

We pray for the Province of Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for Paul, our archbishop and primate; and for all bishops, priests and deacons within our diocese and province.

We pray for the HKSKH Resurrection Church and the Revd Chris Ponniah; For their Church Committee members and ministry leaders; For the Sunday services, discipleship training, Sunday school and the youth fellowships; For the outreach work in Sai Kung district, the growth of local Chinese church members; and the overseas mission projects through Hope House, Inner City Ministries and Christian Action.

Within the Cathedral Parish we pray for the Cathedral church and its various congregations; for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and for their Priests in Charge. We also remember Cathedral Bookstore, Filipino Fellowship and St John's Counselling Service.

We also pray for our link Diocese of Toungoo, Myanmar; for Bishop John Wilme, his priests and people. We pray for the evangelistic and mission work conducted throughout the Diocese.

PRAYER REQUESTS

Please pray for those who are sick: Timothy Moreno, Simon Li, Donna Gail Willis, Caroline Yu, Pat Flavin, Toung Ming, May Cheng, Kong Siu-Ming, Bp Kenneth Mason, Nancy Wong, Jessica Assem, Selina Ho, Susan Westlake, Al Carther, Henry Wu Mou Wai, Monica

Cornelius, Chen Kuk Tye, Simon Liew, Mike Chan, Irene Lo Oi Lin, Nie Shi Fa, Raymond Yuen, Marianne Felch, Baby Colton, Elaine Cogan, Margaret Pini, Feng Xiao, Victor Chan, Anthony Chan, Kathryn McCallen, Rainer S Rommel, Gardy Raymundo, Carrie McKinnon, Christian Limon Gamem, Mark & Helen Bishop, Robert & Doris Sandie, Albert Quimpo, Chong Yuk Lau, Tony & Edita Bishop, Brenda & Gerald Bishop, Chris & David Hayter, Caius Schwartz, Geoff & Karrie Walsh.

Please pray for the recently departed:
Cheung King Wai,
Elder Fu Xian Wei

Prayers will be offered for those named above during the weekday Eucharist. To include someone in this prayer list, please contact Elisa, **Tel.: 2523 4157.**

REMARKS: Unless Elisa is contacted (deanssec@stjohnscathedral.org.hk) with advice to the contrary, names will be removed from the Prayer Request list after one month.

FOR THE MISSION OF THE CHURCH (BCP 1979)

O God of all the nations of the earth:
Remember the multitudes who have been created in your image but have not known the redeeming work of our Saviour Jesus Christ; and grant that, by the prayers and labours of your holy Church, they may be brought to know and worship you as you have been revealed in your Son; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

**RESIDENT GUEST CHOIR
IN AUGUST**

During the month of August, while St John's Cathedral Choir are in summer recess, all choral services will be sung by our resident guest choir, Die Konzertisten, under the direction of our Director of Music, Felix Yeung.

**St John's Cathedral
Sunday School**

**Registration Day
for 2018-2019**

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*2nd September 2018*  
9.00am—9.40am

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**Worship for All
& Commissioning**

9th September 2018
9.00am

Preacher:

*The Very Revd Christopher Chataway,
Dean of Christ Church Cathedral,
Ballarat (Australia)*

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*Sunday School commences on  
16th September 2018*

***Flavours of Myanmar***

If you would like to learn more about the vibrancy, colour and culture of Myanmar and our Partnership with The Diocese of Toungoo, come to our fundraising evening at **7.15 – 9.30pm** on **Saturday 15<sup>th</sup> September** in the **Li Hall**

Entertainment:

- St John's Cathedral Choir
- Local Myanmar students
- Auctioneer Father Robert
- Cultural activities including a Fashion Show

Together with:

- Sharing from Parishioners who have visited Toungoo
- How you can support the SJC / Toungoo Partnership

*Tickets are \$300 (including dinner)  
available now from  
The Cathedral Office, 2523-4157*

**PARENTS & TODDLERS GROUP**

We are so happy to welcome 30 families each week throughout the summer months to St John's Cathedral. It is terrific to offer a warm welcome to newly arrived families and help them settle into life into this vibrant city. We meet on Thursday 2.30-4.30pm and welcome families with 1 week—2 year olds. A big thank you to all the volunteers that make this possible.

## Christians in Central

on Tuesday 4<sup>th</sup> September 2018  
at 1.00pm in the Li Hall

Mrs Linda Lui will speak to us about Christian Listening, it was her study at Acorn Christian Healing Foundation.

Soup and sandwiches lunch will be provided from 12.45pm, tickets at \$60 each are now available at the Cathedral Bookstore. Reservation can also be made by calling the Cathedral office at 2523 4157, or emailing to Alice at [reception@stjohnscathedral.org.hk](mailto:reception@stjohnscathedral.org.hk)

### Bio of Mrs Linda Lui

Mrs Linda LUI is a fourth generation Christian and has been a member of Christ Church Kowloon Tong since she was a teenager. She led the Youth Fellowship in the 1970s and was the Supervisor of the Sunday School until quite recently.

Linda is one of the first Christian Listeners in Hong Kong and Stephen and Peggy Sidebotham were her mentors. She went to study Christian Listening at Acorn Christian Healing Foundation in UK and on her return, she set up CLHK (Christian Listening Hong Kong) in 2005. CLHK runs courses, talks and retreats for anyone, preferably Christians.

### **MIND THE DOORS!**

Please ensure that the outer doors to the Li Hall remain closed at all times. This is to facilitate the smooth running of the air-conditioning units and to prevent excessive condensation dripping on the floor. Thank you for your co-operation.

## **MICHAELMAS FAIR**

Saturday 27<sup>th</sup> October 2018

### **BOOKSTALL – DONATIONS**

The time has come again to take a good look at your bookshelves. Please pull out those volumes you will not look at again and donate them to the **Michaelmas Fair Second Hand Bookstall**.

The Stall is a significant source of income to the Fair and its charities and its success depends on the books you donate. We also invite you to give us CDs and DVDs which you don't want any more. *We regret that we cannot take VCDs or magazines. They don't sell!*

Bring your donations to the Cathedral office (2523 4157) clearly marked for the Michaelmas Fair - Second hand Books. *(Mon-Fri) 9.00am – 5.00pm; (Sat) 9.00am – 1.00pm*

### **WANTED a willing volunteer to take over the stamp stall at the Michaelmas Fair**

We are grateful to Jeff Dobbing who has run the stall for many years and feels it is time to retire from this ministry. He will conduct a proper handover once a successor has been found. Some philatelic experience would be an advantage.

*Please contact Mrs Viola Ip at [ip@stjohnscathedral.org.hk](mailto:ip@stjohnscathedral.org.hk) if interested.*

### **1lb JAM JARS NEEDED**

for the Michaelmas Fair 2018 Home Produce Stall. Please bring your used, washed jam jars to the Cathedral office, which you contact at 2523 4157 for additional information.

# ST JOHN'S CATHEDRAL MINISTRY TEAM

**Dean:** The Very Revd Matthias Der

## **Clergy Ministry Co-ordinators:**

Fellowship & Community Building—  
The Revd Desmond Cox (*Associate Chaplain*)  
Nurturing & Spirituality— The Revd Will Newman  
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)  
Outreach Ministry —The Revd Mark Rogers  
(*Priest-In-Charge of Discovery Bay Church*)  
Pastoral Care—The Revd Catherine Graham  
Liturgy and Worship—The Revd Robert Martin  
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)  
Filipino Ministry—The Revd Dwight dela Torre  
Chinese Ministry—  
The Revd Canon Peter Koon & The Revd Wu Wai Ho

## **Honorary Chaplains:**

The Revd John Chynchen  
The Revd Jenny Wong Nam

**Executive Administrator:** Viola Ip

## **Outreach Ministries:**

SJC Counselling Service  
HELP for Domestic Workers  
Mission for Migrant Workers  
HIV Education Centre  
Cathedral Bookstore  
CLARES/Castaways  
Prison Ministry



*Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: [www.stjohnscathedral.org.hk](http://www.stjohnscathedral.org.hk).*

*Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4-8 Garden Road, Central Tel: 2523 4157*

## **Welcome to St John's Cathedral!**

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Name of spouse (if applicable) \_\_\_\_\_

Names and ages of children (if applicable) \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

*Please circle as appropriate:*

*I attend the 8.00am/9.00am/10.30am/11.45am/2.00pm/6.00pm service.*

*I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.*

*Other questions / information:*

I do not agree to receive any promotional materials from St John's Cathedral.

**This information is collected in accordance with the Personal Data Privacy Statement as published on the St John's Cathedral website at "[www.stjohnscathedral.org.hk](http://www.stjohnscathedral.org.hk)".**