



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

11TH JULY 2021 THE SIXTH SUNDAY AFTER TRINITY (SEA SUNDAY)

8.00am Said Eucharist

Celebrant and Preacher: The Revd Canon Dwight dela Torre
Reader: Will Clay

9.00am Responsorial Eucharist—CW

Celebrant: The Revd Sharon Langbis
Preacher: The Dean
Communion Setting: Mass of Christ the Saviour (Dan Schutte)
Hymns: 354, 393, 498 (omit *), I, the Lord of sea and sky
Voluntary: Chanty from Plymouth Suite, IPW 4, No. 3
(Percy Whitlock)
Reader/Intercessor: Patricia Hon/Alexander Kwan

10.30am Sung Eucharist (in Mandarin)

Celebrant: The Revd Amos Poon
Preacher: The Dean

11.45am Choral Mattins

Officiant: The Revd Amos Poon
Preacher: The Revd Will Newman
Reader: Saki Tsoi

1.30pm Sung Eucharist (in Filipino)

Celebrant and Preacher: The Revd Sharon Langbis

5.00pm Healing Eucharist

Celebrant: The Revd Robert Martin
Preacher: The Revd Mark Rogers
Reader: Mark Tse

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 12th July	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
TUE 13th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	7.00pm	<i>Bible Reading Fellowship</i>
WED 14th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	2.30pm	<i>Bible Reading Prayer Fellowship (Chinese)</i> <i>(ZOOM/in person)</i>
	6.00pm	Said Eucharist
THU 15th	9.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
FRI 16th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	3.00pm	<i>Friday Fellowship Group (ZOOM)</i>
SAT 17th	8.30am	Said Eucharist
	12.00noon	Said Eucharist (Filipino)
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)
SUN 18th July <i>Ephesians 2.11-end</i> <i>Mark 6.30-34,</i> <i>53-end</i>	The Seventh Sunday after Trinity	
	8.00am	Said Eucharist Celebrant and Preacher: The Revd Sharon Langbis
	9.00am	Responsorial Eucharist—CW Celebrant: The Revd Amos Poon Preacher: The Revd Canon Dwight dela Torre
	10.30am	Sung Eucharist (Mandarin) Celebrant: The Revd Amos Poon Preacher: The Revd Dr Philip Wickeri
	11.45am	Responsorial Eucharist—Provincial with Children's Baptism Celebrant: The Rt Revd Matthias Der Preacher: The Revd Canon Dwight dela Torre
	1.30pm	Sung Eucharist (Filipino) Celebrant and Preacher: The Revd Canon Dwight dela Torre
	5.00pm	Sung Eucharist with the Sacraments of Baptism and Confirmation Celebrant: The Rt Revd Matthias Der Preacher: The Dean

**ONLINE
DONATION**



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>



THEFT PREVENTION

As with any big city centre, please keep your valuables with you. If you feel unsafe at any time, please let a staff member or sidesman know.

COLLECT AND READINGS

COLLECT

Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Ephesians 1.3-14

A reading from the letter of Paul to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as

God's own people, to the praise of his glory.

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

Mark 6.14-29

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his

oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord.

Amen.

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Episcopal Church in the Philippines and The Rt Revd Brent Harry W. Alawas, the 7th Prime Bishop, who will be installed on 30th July 2021.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for The Most Revd Andrew Chan, our archbishop and primate; for our Diocesan Bishop Matthias, and for all bishops, priests and deacons within our diocese and province.

We pray for The Mission to Seafarers, the Revd Canon Stephen Miller, Revd Lee Kim Kee and all members of the chaplaincy team ministering to seafarers in Hong Kong; for the development of the new Mariners' Club in Tsim Sha Tsui to be completed in 2024; for people working for the Mission to Seafarers in the container terminals in Kwai Chung, in the anchorage and the temporary Drop-in-Centre in Tsim Sha Tsui East; for all seafarers away from their families at this time, for those sailing through storm or high seas; we pray for God to keep them safe until they return to their loved ones.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers Christians in Central, InTouch Magazine, Cathedral Bookstore, Mission For Migrant Workers, HELP For Domestic Workers, SJC Life Enrichment Centre, and St John's Counselling Service.

PRAYER REQUESTS

Please pray for those who are sick:

The Revd Canon Stephen Sidebotham, Kathy Nichols, Lo Yuk Wah, Peter Lau, Alice Wright, Tommy Hui, Catherine Chan, John Baumann, Sanson Lau, Val Rice, Wanda Clay, John David, George Fong, Averil Ashley, Emily Moore, Nie Shi Fa, Shirley Nie, Rebecca Crawford, Michael Chang, Christina Leong, The Revd Matthew Khu Thay, Meena Tsui, Audrey Bullock, Yee (Zoe) Szeto-Law, Therese Marie Gerarda Chan, Toung Ming, Tia McPhee, Doris Hernandez, Helen Chan Sui Lung, Liew Kam Lin, Karen Szeto, Francesca Lorenzi, Kasper Buist, Tsui Man Fong, Raymond Yuen, Bruce McPhee, Kit Packet, Lene Bille Hoegh, Tiew Siew Lee, Yvonne Fong, Donna Gail Willis, John Charman, John Banigan, Anthony Chan, Jeshu Yau, Leslie Henderson, Wong Lai King, Lianne Ng, Heather Little, Margaret Pini, John Butcher, Susan Westlake, Geoff Walsh, Evelena Mathias, Elaine Cogan, David Holme, Christina Poon, Richard Jones and Monica Cornelius.

We also pray for those who are suffering from COVID-19.

Please pray for the recently departed: Richard Mills-Owens, Victoria Hanson, Angela Wharfe-King, Jady Choy

Prayers will be offered for those named above during the weekday Eucharist. To include someone in this prayer list, please contact Elisa, **Tel.: 2523 4157.**

A PRAYER FOR THE NATION AND PEOPLE OF MYANMAR

Lord of the heavens and the earth, we give you thanks and praise for the rising from the dead of your Son Jesus Christ and for the never-ending love he offers us all.

Grant, we pray, resurrection life to the nation and people of Myanmar, that sadness may turn into joy, aggression into amity, despair into hope, and anxiety into calm, that the people may be reconciled.

This we ask in the Name of the Risen Christ, who lives and reigns with you and the Holy Spirit, One God, now and for ever. Amen.

- *Anglican Communion*

PRAYER FOR ALL SEAFARERS

O Lord of the great oceans,
we praise and magnify your holy name.
You have given us a highway
on which we may travel to many nations
and come to know many peoples.
We give you thanks for all seafarers
who navigate our ships and carry cargoes all over the world,
for our lives are enriched through their labours.
Forgive us when we forget how much we owe them
and may we rejoice in the skills
and courage they bring to their calling.
Never leave or forsake them but go with them
as they sail the lonely seas
and bring them safely home to those who love them.
Through Jesus Christ our lord.
Amen.



UPGRADE OF AUDIO & VISUAL SYSTEM IN CATHEDRAL CHURCH

To enhance the sound and video quality for better experience of the congregation at St John's Cathedral, an upgrade of audio and visual systems is taking place in the church from 5th July to 16th July 2021.

During the project period, the use of public address (PA) and video recording systems may be affected. Congregation and visitors should beware of any obstacles or uneven floor that may be caused by the work. We apologise for any inconvenience caused.

NOTICES

UPDATED HEALTH MEASURES FOR PUBLIC WORSHIP AT ST JOHN'S CATHEDRAL

Following the government's recent relaxation of the restrictions on public worship, the House of Bishops has announced the relaxation of capacity limits for public worship.

From 24th June 2021 only 50% of the seating capacity is available.
(The Li Hall will continue to be open as an overflow area.)

Please follow the simple guidelines below:

- Enter the Cathedral by the West Door, and exit via the side doors.
- Fill out and return the Access Record Form to us.
- Wear a mask throughout the service.
- Check your body temperature before entering.
- Cleanse your hands with hand sanitiser as you enter.

Social distancing should be maintained. Except for those in the same household - parishioners should be seated at least one metre apart from each other.

Holy Communion will be received in one kind only—the Body of Christ. Parishioners are to receive the sacrament directly into the hand and standing.

The Peace is to be exchanged by a simple bow or by a fist-and-palm salute.

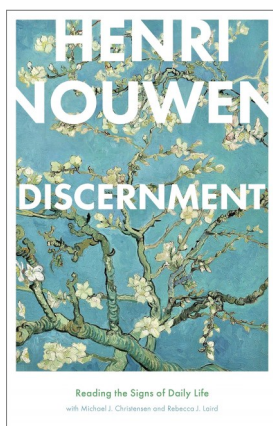
The Collection will be received at the doors to support the work of the Church.

No Sunday School and fellowship gatherings will be held and no refreshments will be served after the service.

For further information on these guidelines, please see the Cathedral website. Let us continue praying for the pandemic and all those who are affected. May God bless us all.

Bookstore Manager's Recommendation

Henri Nouwen DISCERNMENT



This is essentially a collection of Henri's thoughts and writings about spiritual discernment over the years put together by two of his students.

He talks about how we find discernment through episodes of our lives and particularly as we see these through the people we meet, nature, books, and events we go through.

One of the most challenging aspects of the Christian journey is reading the signs of the times — especially those in which God intervenes and reveals new beginnings.

He says 'Our God is a God who cares, heals, guides, directs, challenges, confronts and corrects. To discern means first of all to listen to God, to pay attention to God's active presence, and to obey God's prompting, direction, leadings, and guidance.'

HKSKH MING HUA THEOLOGICAL COLLEGE

Recruitment for Degree Programmes in Semester 1, 2021/22 (6th September – 17th December 2021)

Programmes in partnership with Charles Sturt University, Australia

Bachelor of Theology Subject Fee: HK\$5,875		Master of Theology Subject Fee: HK\$14,500	
Subject	Lecturer	Subject	Lecturer
THL100 Introduction to Biblical Languages [#]	Revd Dr Jim West	THL514 Theological Hermeneutics [#]	Prof Gareth Jones
THL106 Introduction to New Testament Studies [#]	Dr Stephen Lim	THL517 Advanced Biblical Exegesis [#]	Dr Stephen Lim
THL113 Being the Church [#]	Dr Matthew Jones		
THL115 Liturgical Theology	Revd Dr Chun-wai Lam	THL540 Public Theology [#]	Revd Prof Philip Wickeri
THL120 Practical Theology [#]	Rt Revd Dr Patrick Yu		

Conducted in English

Early Bird Offer (Until 30th July 2021)

New BTh Students: 5% off for 1 subject; 10% off for 2 Subjects; 15% off for 3 subjects; 20% off for 4 subjects

New MTh Students: 10% off

Existing BTh & MTh Students: 5% off

The above courses are registered courses under the Non-local Higher and Professional Education (Regulation) Ordinance (Chapter 493). It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. Registration Numbers: 212741 (Master of Theology); 212740 (Bachelor of Theology)

Biblical Languages Course

MHL102 Biblical Hebrew (Level 1)

Lecturer: Dr Stephen Lim

Time: 7 pm on Thursdays

Venue: HKSKH Ming Hua Theological College (Glenealy, Central, Hong Kong)

Subject Fee: HK\$5,875

Early Bird Offer

Those who enroll before 30th July 2021 will be eligible for a 5% discount.

Application Deadline: 30th August 2021

Enquiry and Application: admission@minghua.org.hk / WhatsApp: +852 9530 7241

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan

Clergy Ministry Co-ordinators:

Chinese Ministry –

The Revd Canon Peter Koon

The Revd Amos Poon

Christian Education – The Revd Will Newman
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Filipino Ministry –

The Revd Canon Dwight dela Torre

The Revd Sharon Langbis

Liturgy and Spirituality – The Revd Robert Martin
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Mission and Ministry – The Revd Amos Poon

Outreach – The Revd Mark Rogers
(*Priest-In-Charge of Discovery Bay Church*)

Youth Ministry – The Revd Amos Poon

Honorary Chaplain:

The Revd Dr Philip Wickeri

Executive Administrators:

Mrs Viola Ip, Mr Thomas Li

Serving the wider community:

SJC Counselling Service

HELP for Domestic Workers

Mission for Migrant Workers

SJC Life Enrichment Centre

Cathedral Bookstore

CLARES/Castaways

Prison Ministry



Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: www.stjohnscathedral.org.hk.

Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4-8 Garden Road, Central Tel: 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

I do not agree to receive any promotional materials from St John's Cathedral.

This information is collected in accordance with the Personal Data Privacy Statement as published on the St John's Cathedral website at 'www.stjohnscathedral.org.hk'.