



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

18TH JULY 2021
THE SEVENTH SUNDAY AFTER TRINITY

8.00am Said Eucharist

Celebrant and Preacher: The Revd Sharon Langbis
Reader: Faye Yee

9.00am Sung Eucharist

Celebrant: The Revd Amos Poon
Preacher: The Revd Canon Dwight dela Torre
Communion Setting: Catholic Renewal Eucharist (Leonard West)
Hymns: 333, 459, 371, 494 (T.413)
Anthem: The Lord is my shepherd (Charles Villiers Stanford)
Voluntary: Postlude in D minor from 6 Short Preludes and
Postludes, Op. 105, No. 6 (Charles Villiers Stanford)
Reader/Intercessor: Susan King/Tom Bispham

10.30am Sung Eucharist (in Mandarin)

Celebrant: The Revd Amos Poon
Preacher: The Revd Dr Philip Wickeri

**11.45am Responsorial Eucharist—Provincial (Rite II) with
Children's Baptism**

Celebrant: The Rt Revd Matthias Der
Preacher: The Revd Canon Dwight dela Torre
Reader: Koon-G Chiu

1.30pm Sung Eucharist (in Filipino)

Celebrant and Preacher: The Revd Canon Dwight dela Torre

**5.00pm Sung Eucharist with the Sacraments of Baptism
and Confirmation**

Celebrant: The Rt Revd Matthias Der
Preacher: The Dean
Readers: Kevin She, Jeannie Chan

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 19th July	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
TUE 20th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	7.00pm	<i>Bible Reading Fellowship</i>
WED 21st	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	2.30pm	<i>Bible Reading Prayer Fellowship (Chinese)</i> <i>(ZOOM/in person)</i>
	6.00pm	Said Eucharist
THU 22nd <i>Mary Magdalene</i>	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
FRI 23rd	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	3.00pm	<i>Friday Fellowship Group (ZOOM)</i>
SAT 24th	8.30am	Said Eucharist
	12.00noon	Said Eucharist (Filipino)
	6.00pm	Sung Eucharist with Children's Baptism (Cantonese) (Anticipated Sunday Service)
SUN 25th July <i>Acts 11.27-12.2</i> <i>Matthew 20.20-28</i>	St James the Apostle	
	8.00am	Said Eucharist Celebrant and Preacher: The Revd Canon Dwight dela Torre
	9.00am	Sung Eucharist (RTHK Broadcast) Celebrant: The Dean Preacher: The Revd Sharon Langbis
	10.30am	Sung Eucharist (Mandarin) Celebrant: The Revd Canon Peter Koon Preacher: The Revd Amos Poon
	11.45am	Responsorial Eucharist—Provincial (Rite Two) with Children's Baptism Celebrant: The Dean Preacher: The Revd Sharon Langbis
	1.30pm	Sung Eucharist (Filipino) Celebrant and Preacher: The Revd Sharon Langbis
	5.00pm	Evening Prayer in Taizé style Officiant and Preacher: The Revd Mark Rogers

**ONLINE
DONATION**



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>



THEFT PREVENTION

As with any big city centre, please keep your valuables with you. If you feel unsafe at any time, please let a staff member or sidesman know.

COLLECT AND READINGS

COLLECT

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Ephesians 2.11-end

A reading from the letter of Paul to the Ephesians.

Remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision'—a physical circumcision made in the flesh by human hands—remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows

into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

Mark 6.30-34, 53-end

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

The apostles returned from their mission. They gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

Lord God, whose Son is the true vine and the source of life, ever giving himself that the world may live: may we so receive within ourselves the power of his death and passion that, in his saving cup, we may share his glory and be made perfect in his love; for he is alive and reigns, now and for ever. **Amen.**

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Eglise Anglicane du Rwanda.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for The Most Revd Andrew Chan, our archbishop and primate; for our Diocesan Bishop Matthias, and for all bishops, priests and deacons within our diocese and province.

We pray for The Church of The Incarnation, for The Revd Ng Yu Lam, the Mission Church Council Members and the congregation; for the evangelistic ministry; for the ministry of Sunday School and Choir; for the collaboration of Church and School and for the HKSKH Wei Lun Primary School.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers 'Grace in a busy week', Bible Reading Fellowship, Chinese Bible Reading Prayer Fellowship, Andrew Fellowship, Friday Fellowship Group, Filipino Fellowship, and the IFI Fellowship.

PRAYER REQUESTS

Please pray for those who are sick:

Kathy Nichols, Lo Yuk Wah, Peter Lau, Alice Wright, Tommy Hui, Catherine Chan, John Baumann, Sanson Lau, Val Rice, Wanda Clay, John David, George Fong, Averil Ashley, Emily Moore, Nie Shi Fa, Shirley Nie, Rebecca Crawford, Michael Chang, Christina Leong, The Revd Matthew Khu Thay, Meena Tsui, Audrey Bullock, Yee (Zoe) Szeto-Law, Therese Marie Gerarda Chan, Toung Ming, Tia McPhee, Doris Hernandez, Helen Chan Sui Lung, Liew Kam Lin, Karen Szeto, Francesca Lorenzi, Kasper Buist, Tsui Man Fong, Raymond Yuen, Bruce McPhee, Kit Packet, Lene Bille Hoegh, Tiew Siew Lee, Yvonne Fong, Donna Gail Willis, John Charman, John Banigan, Anthony Chan, Jeshu Yau, Leslie Henderson, Wong Lai King, Lianne Ng, Heather Little, Margaret Pini, John Butcher, Susan Westlake, Geoff Walsh, Evelena Mathias, Elaine Cogan, David Holme, Christina Poon, Richard Jones and Monica Cornelius.

We also pray for those who are suffering from COVID-19.

Please pray for the recently departed:
Stephen Sidebotham, Priest
Richard Mills-Owens
Victoria Hanson
Chan Chi Sum, Chris

Prayers will be offered for those named above during the weekday Eucharist. To include someone in this prayer list, please contact Elisa, **Tel.: 2523 4157.**

A PRAYER FOR THE NATION AND PEOPLE OF MYANMAR

Lord of the heavens and the earth, we give you thanks and praise for the rising from the dead of your Son Jesus Christ and for the never-ending love he offers us all.

Grant, we pray, resurrection life to the nation and people of Myanmar, that sadness may turn into joy, aggression into amity, despair into hope, and anxiety into calm, that the people may be reconciled.

This we ask in the Name of the Risen Christ, who lives and reigns with you and the Holy Spirit, One God, now and for ever. Amen.

- *Anglican Communion*

The Seventh Sunday after Trinity
TODAY at 5.00pm

**Sung Eucharist with the Sacraments of
Baptism & Confirmation**

Celebrant:

*The Right Reverend Matthias Der
Bishop of Hong Kong Island*

Preacher:

The Dean

At this celebration of the Eucharist, 37 people from the Faith Begins Course will be baptised and confirmed. During the liturgy, these candidates will affirm their Christian faith and promise to live as disciples of Christ.

It is a solemn, yet joyful occasion as we join in celebration with these candidates of our fellowship with God and one another.

Please keep these candidates in your prayers.

Let us pray.

**Lord God, our Father,
guide these candidates with your Holy Spirit
as they meet this troubling and challenging world.
They will meet many temptations;
fortify them with your strength.
Help them to faithfully turn to your Word
and the Sacrament of Holy Communion.
Help them find their home in your Church,
so that they, together with all who believe in you,
may confess your name,
and in words and deeds serve you.
We ask all this in Jesus name. Amen.**

NOTICES

UPDATED HEALTH MEASURES FOR PUBLIC WORSHIP AT ST JOHN'S CATHEDRAL

Following the government's recent relaxation of the restrictions on public worship, the House of Bishops has announced the relaxation of capacity limits for public worship.

From 24th June 2021 only 50% of the seating capacity is available.
(The Li Hall will continue to be open as an overflow area.)

Please follow the simple guidelines below:

- Enter the Cathedral by the West Door, and exit via the side doors.
- Fill out and return the Access Record Form to us.
- Wear a mask throughout the service.
- Check your body temperature before entering.
- Cleanse your hands with hand sanitiser as you enter.

Social distancing should be maintained. Except for those in the same household - parishioners should be seated at least one metre apart from each other.

Holy Communion will be received in one kind only—the Body of Christ. Parishioners are to receive the sacrament directly into the hand and standing.

The Peace is to be exchanged by a simple bow or by a fist-and-palm salute.

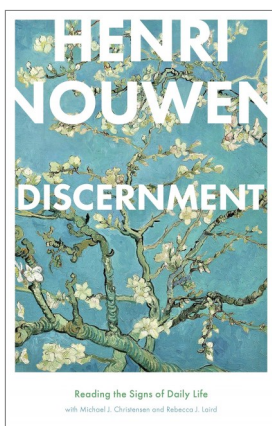
The Collection will be received at the doors to support the work of the Church.

No Sunday School and fellowship gatherings will be held and no refreshments will be served after the service.

For further information on these guidelines, please see the Cathedral website. Let us continue praying for the pandemic and all those who are affected. May God bless us all.

Bookstore Manager's Recommendation

Henri Nouwen DISCERNMENT



This is essentially a collection of Henri's thoughts and writings about spiritual discernment over the years put together by two of his students.

He talks about how we find discernment through episodes of our lives and particularly as we see these through the people we meet, nature, books, and events we go through.

One of the most challenging aspects of the Christian journey is reading the signs of the times — especially those in which God intervenes and reveals new beginnings.

He says 'Our God is a God who cares, heals, guides, directs, challenges, confronts and corrects. To discern means first of all to listen to God, to pay attention to God's active presence, and to obey God's prompting, direction, leadings, and guidance.'

NOTICE

HKSKH MING HUA THEOLOGICAL COLLEGE

Recruitment for Degree Programmes in Semester 1, 2021/22 (6th September – 17th December 2021)

Programmes in partnership with Charles Sturt University, Australia

Bachelor of Theology Subject Fee: HK\$5,875		Master of Theology Subject Fee: HK\$14,500	
Subject	Lecturer	Subject	Lecturer
THL100 Introduction to Biblical Languages [#]	Revd Dr Jim West	THL514 Theological Hermeneutics [#]	Prof Gareth Jones
THL106 Introduction to New Testament Studies [#]	Dr Stephen Lim	THL517 Advanced Biblical Exegesis [#]	Dr Stephen Lim
THL113 Being the Church [#]	Dr Matthew Jones		
THL115 Liturgical Theology	Revd Dr Chun-wai Lam	THL540 Public Theology [#]	Revd Prof Philip Wickeri
THL120 Practical Theology [#]	Rt Revd Dr Patrick Yu		

Conducted in English

Early Bird Offer (Until 30th July 2021)

New BTh Students: 5% off for 1 subject; 10% off for 2 Subjects; 15% off for 3 subjects; 20% off for 4 subjects

New MTh Students: 10% off

Existing BTh & MTh Students: 5% off

The above courses are registered courses under the Non-local Higher and Professional Education (Regulation) Ordinance (Chapter 493). It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. Registration Numbers: 212741 (Master of Theology); 212740 (Bachelor of Theology)

Biblical Languages Course

MHL102 Biblical Hebrew (Level 1)

Lecturer: Dr Stephen Lim

Time: 7 pm on Thursdays

Venue: HKSKH Ming Hua Theological College (Glenealy, Central, Hong Kong)

Subject Fee: HK\$5,875

Early Bird Offer

Those who enroll before 30th July 2021 will be eligible for a 5% discount.

Application Deadline: 30th August 2021

Enquiry and Application: admission@minghua.org.hk / WhatsApp: +852 9530 7241

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan

Clergy Ministry Co-ordinators:

Chinese Ministry –

The Revd Canon Peter Koon

The Revd Amos Poon

Christian Education – The Revd Will Newman
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Filipino Ministry –

The Revd Canon Dwight dela Torre

The Revd Sharon Langbis

Liturgy and Spirituality – The Revd Robert Martin
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Mission and Ministry – The Revd Amos Poon

Outreach – The Revd Mark Rogers
(*Priest-In-Charge of Discovery Bay Church*)

Youth Ministry – The Revd Amos Poon

Honorary Chaplain:

The Revd Dr Philip Wickeri

Executive Administrators:

Mrs Viola Ip, Mr Thomas Li

Serving the wider community:

SJC Counselling Service

HELP for Domestic Workers

Mission for Migrant Workers

SJC Life Enrichment Centre

Cathedral Bookstore

CLARES/Castaways

Prison Ministry



Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: www.stjohnscathedral.org.hk.

Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4-8 Garden Road, Central Tel: 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

I do not agree to receive any promotional materials from St John's Cathedral.

This information is collected in accordance with the Personal Data Privacy Statement as published on the St John's Cathedral website at 'www.stjohnscathedral.org.hk'.